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101 Things I Wish I Knew When I Got Married

By Linda & Charlie Bloom

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Softcover. Book Condition: New. First Edition. Most of us, when we fall in love, simultaneously stumble into a multitude of myths, such as being "meant for each other" and "living happily ever after." Relationships look pretty easy in the movies and on television, where most of us have learned what little we think we know about partnerships. The reality, we quickly learn, is different. With the divorce rate soaring, it's safe to assume that young couples and experienced partners alike may lack the skills and understanding necessary to sustain a committed relationship. Psychotherapists Linda and Charlie Bloom present 101 techniques delivering practical guidance and make it clear that, regardless of past experience, anyone can develop the basic strengths, skills, and capacities needed for a great relationship. Each lesson is presented as a simple, one-line thought followed by an explanation using real life examples from the authors' own experiences in sustaining their marriage of 31 years to those of the thousands of couples they've professionally counseled or who have taken the Blooms' life relationship seminars. Here you'll find practical ways to connect and reconnect. You'll find the skills and the support to step into the unknown...



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