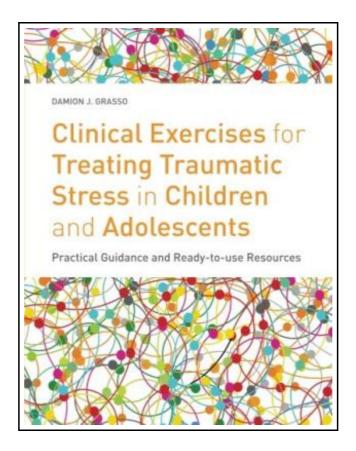
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Filesize: 5.44 MB

Reviews

This is actually the best ebook we have read till now. Indeed, it can be enjoy, nevertheless an interesting and amazing literature. You will not feel monotony at whenever you want of the time (that's what catalogs are for regarding should you question me).

(Jamar Stracke)

CLINICAL EXERCISES FOR TREATING TRAUMATIC STRESS IN CHILDREN AND ADOLESCENTS: PRACTICAL GUIDANCE AND READY-TO-USE RESOURCES



JESSICA KINGSLEY PUBLISHERS, United Kingdom, 2013. Paperback. Book Condition: New. 276 x 214 mm. Language: English . Brand New Book. How do I implement effective strategies for treating traumatic stress in this particular child or adolescent? Clinical Exercises for Treating Traumatic Stress in Children and Adolescents combines guidance for personalizing and implementing effective treatment approaches with practical materials to use in session. It describes the potential impact of trauma on children and adolescents, outlines core principles of effective treatment models, and provides practical guidance for tailoring treatment strategies to the specific needs of the individual. The featured worksheets and practical resources are designed to be compatible with evidence-based treatment models including Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), Prolonged Exposure, Attachment, Self-Regulation and Competence (ARC), and Child-Parent Psychotherapy (CPP). Replete with adaptable, ready-made materials, this convenient resource will help any clinician working with trauma exposed 8-18-year-olds to implement effective treatment strategies in practice, as well as to take a tailored approach that engages them with creative, therapeutic activities.

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