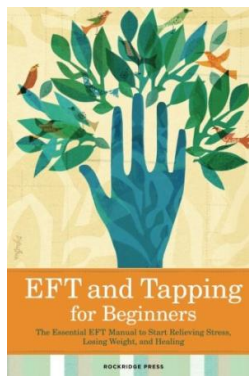


## Eft and Tapping for Beginners: The Essential Eft Manual to Start Relieving Stress, Losing Weight, and Healing



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### Book Review

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**(Ambrose Thompson II)**

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