



Exercise and Food for Pulmonary Invalids (Classic Reprint)

By Charles Denison

Forgotten Books, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Excerpt from Exercise and Food for Pulmonary Invalids These two essays have elicited considerable commendation from brother physicians. My patients, too, have seemed to need just such an opportunity as here presented, to study into the important aids to cure. The necessity of much talking on the part of the physician is avoided, and it is well for the invalid to transfer so much of the advice given from the consulting office to his own home and kitchen. I have, therefore, been led to believe this combined issue would meet a popular demand. The rest cure is much in vogue just at present. There are also many writers who even decry (though rather vaguely) the exercise as well as the high-altitude treatment of consumption. I wish, therefore, to say -that I feel the responsibility of thus defending physical development in disease. These pages are written advisedly, and are backed by a certain right on my part to speak with some authority on the subject of exercise, as well as of food, for invalids. In college I was...



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