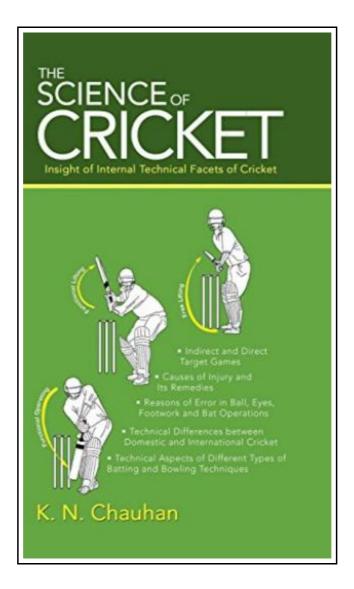
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Reviews

Here is the best publication i have got go through until now. It is actually writter in simple phrases and never hard to understand. I realized this publication from my dad and i suggested this ebook to find out.

(Lorena White)

THE SCIENCE OF CRICKET: INSIGHT OF INTERNAL TECHNICAL FACETS OF CRICKET (HARDBACK)



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Partridge Publishing, United States, 2014. Hardback. Book Condition: New. 203 x 127 mm. Language: English. Brand New Book ***** Print on Demand *****. It explains how to adjust the target; its uses and the damage caused by failing to grasp the target; from what places the ball approaching to the batsman offers him the understanding of playing it; the impact of the white and red balls on the brain and body; forms of batting and bowling techniques; technical aspects of international-level coaching; how to utilize the power of the brain, the body, and the eyes sensibly; how to read the ball to play with appropriate footwork; how to control the gripping function of the bat; advantages and disadvantages of indirect and direct target games; in-form and out-ofform positions; how the player needs to improve his game gradually; how and why does the technique change at the international level after experiences of two years; technical differences between the domestic- and international-level cricket; errors committed in the use of head and eyes in viewing the ball and making footwork accordingly; errors caused due to disturbance in the operations of bat and grip; differences between technical aspects of the regular bowler and batsman and bowling-related technicalities; damages happening to a regular bowler in doing regular batting and (vice versa) to a regular batsman doing regular bowling; technical differences between pace and spin bowling, including reasons of injuries and their remedies; how the use of mental and physical powers differ as per different techniques the bowling possesses.

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