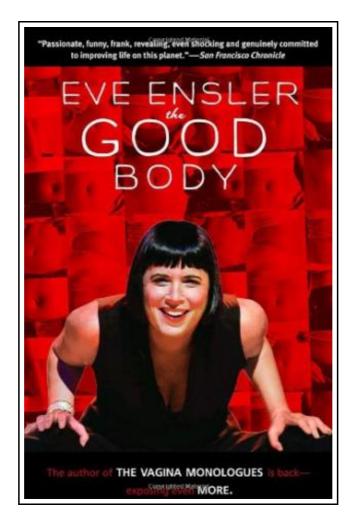
The Good Body



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Reviews

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THE GOOD BODY



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Random House USA Inc, United States, 2005. Paperback. Book Condition: New. Reprint. 198 x 132 mm. Language: English . Brand New Book. Botox, bulimia, breast implants: Eve Ensler, author of the international sensation The Vagina Monologues, is back, this time to rock our view of what it means to have a good body. In the 1950s, Eve writes, girls were pretty, perky. They had a blond Clairol wave in their hair. They wore girdles and waist-pinchers. . . . In recent years good girls join the army. They climb the corporate ladder. They go to the gym.... They wear painful pointy shoes. They don t eat too much. They ... don t eat at all. They stay perfect. They stay thin. I could never be good. The Good Body starts with Eve s tortured relationship with her own postforties stomach and her skirmishes with everything from Ab Rollers to fad diets and fascistic trainers in an attempt get the flabby badness out. As Eve hungrily seeks self-acceptance, she is joined by the voices of women from L.A. to Kabul, whose obsessions are also laid bare: A young Latina candidly critiques her humiliating spread, a stubborn layer of fat that she calls a second pair of thighs. The wife of a plastic surgeon recounts being systematically reconstructed inch by inch by her perfectionist husband. An aging magazine executive, still haunted by her mother s long-ago criticism, describes her desperate pursuit of youth as she relentlessly does sit-ups. Along the way, Eve also introduces us to women who have found a hard-won peace with their bodies: an African mother who celebrates each individual body as signs of nature s diversity; an Indian woman who transcends treadmill mania and delights in her plump cheeks and curves; and a...



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